

# Glacier Ridge Trail Ultramarathon & Trail Race

**May 11, 2024**    20 Mile Trail Run / Endurance Hike • 50K Ultramarathon  
50 Mile Ultramarathon • 50 Mile 5-person Relay

- 20-mile Start @ 8:00-am with 8-hour Cut-off.
- 50k Start @ 7:00-am with 10-hour Cut-off.
- 50-mile Ultramarathon start @6:00-am with 14-hour Cut-off.
- 50-mile and relay start @ 6:00-am with 14-hour Cut-off.  
Up to 5 team members.

Start/Finish for all race distances at McDanel's Launch at the western end of Lake Arthur in Moraine State Park, North Shore, near Portersville PA. Start/Finish Coordinates: 40°58'00.00"N 80°07'31.00"W.

**Additional Race Information available at [www.glacrieridgetrailultra.com](http://www.glacrieridgetrailultra.com)**

Name: \_\_\_\_\_ Event:    20Mile    50K    50Mile    50Mile Relay  
(Circle one)

Street Address: \_\_\_\_\_ DOB: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

\_\_\_\_\_ Male    \_\_\_\_\_ Female    Unisex Shirt Size:    XS    S    M    L    XL    XXL  
(Circle one)    (suggest females order 1 size down)

Emergency Contact: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

I wish to enter and participate in the Glacier Ridge Trail Ultramarathon & Trail Race event. I agree with the rules, conditions and regulations of this event. In consideration of accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Glacier Ridge Trail Ultra Marathon & Trail Race, GRT Ultra, Inc., its Board Members, Race Directors, Committee Members, Officers, Commonwealth of Pennsylvania Department of Conservation and Natural Resources Employees, and all of GRT Ultra, Inc. agents assisting with the event, their sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I further agree that I will defend, indemnify and hold harmless the GRT Ultra, Inc. or any official sponsors, and the directors, officers, elected officials, members and agents of each, against all claims, demands, and causes of action, including court costs and attorney's fees directly or indirectly arising from any action or other proceeding brought by or prosecuted for my benefit contrary to this agreement. This release extends to all claims of every kind and nature whatsoever, whether known or unknown.

I fully realize the dangers of participating in this endurance event which traverses difficult, hazardous terrain and which may expose me to dangerous conditions. I understand and agree that situations may arise during the race, which may be beyond the control of the race officials or organizers. Risks include injury or death from foreseeable and unforeseeable weather, natural or other factors including getting lost or being injured in a remote location where medical attention may not be timely provided. I voluntarily accept all risks associated with my participation in this event and waive any and all claims which I might have based on any risk anticipated or not at a running a trail race for myself and for anyone entitled to act on my behalf.

I am aware that during a public health concern I may be required to wear a mask around others, to enter an aid station or finish line area, or to provide proof I have had a vaccine to participate or other safety guidelines issued by Race Officials or the Commonwealth of Pennsylvania for my participation in this race. In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to race officials to secure from any hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any medical services rendered to me including but not limited to medical transport, medications, treatment and hospitalization. Further, I grant permission to all the foregoing to use my voice and images of myself in any photographs, motion pictures, results, publications, any other print or videography for legitimate purposes. I also agree and accept the provisions of the Refund Policy, stated on the event website ([Refund of race fee provided through 02/17/2024, minus Run Signup fees if registered on-line. No refunds after 02/17/2024. One year deferral available through 04/01/2024.](#)) By submitting this entry, I acknowledge having read and agreed to the above release and waiver including the no refund policy. **MUST BE 18 YEARS OF AGE OR OLDER ON RACE DATE TO REGISTER.** BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED TO THE ABOVE WAIVER, RELEASE AND INDEMNITY.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

| Race Distance | Race Fee Thru 02/17/2024 | Race Fee After 02/17/2024 <sup>(1)</sup> | Shirts not guaranteed for registrations after April 5, 2024  | On Line Registration Available Through May 10, 2024  |
|---------------|--------------------------|--|--|--|
| 20 Mile       | \$ 80                    | \$ 90                                    | (1) Race Day Registration, if available, additional \$5<br>(2) Each relay member to submit registration, identify captain and team name. | -or-   |
| 50k           | \$ 90                    | \$ 100                                   |  | Make Checks Payable to:<br>GRT Ultra, Inc. & mail to:<br>1331 State Avenue<br>Coraopolis, PA 15108 |
| 50 Mile       | \$ 95                    | \$ 105                                   |  |  |
| 50 Mi Relay   | \$ 250 <sup>(2)</sup>    | \$ 275 <sup>(2)</sup>                    |  |  |